

Hello Families,



My name is Megan Melby and I am the school counselor at Juanita Elementary. This is my sixth year as the school counselor at Juanita and am so happy to be part of this incredible community. I love my job and feel lucky to get to come to work every day to do what I do. As a school counselor, I work with students, families and staff to support students in achieving their academic, personal and social goals. My mission is to ensure that each child has equal access and opportunity to achieve success.

The role of the school counselor is often mysterious and confusing to families. My job is to support ALL students. In order to meet the needs of our Juanita students, I support them in a variety of different ways:

- **Counselor Lessons:** All students receive social-emotional lessons that I teach in the classrooms. The counselor lessons include topics such as problem solving, empathy, emotion management, career, and bullying prevention.
- **Small Groups:** For students who need further support with these abilities, I lead small groups where we use fun activities and role plays to continue to learn and practice important life skills.
- **Individual Counseling:** I also meet with students individually to help them solve problems, work through their emotions, or process their actions, thoughts and feelings. Students are either self-referred or referred by a parent or teacher.

I also serve as a support and resource to parents and school staff. I consult regularly with parents and teachers to provide support on student social, emotional and behavioral concerns. I also communicate with outside therapists and agencies, coordinate scholarships and community resources for families, and provide crisis intervention.

You can learn more about my role as a school counselor through these Frequently Asked Questions ([click here](#)). Each month you will receive information regarding the topics taught each month in my classroom lessons, as well as important information regarding my counseling program. Below you will find a Home & School Connection which provides tips and conversations to initiate with your children ([click here for October's Home & School Connection](#)).

I am looking forward to getting to know your child and your family this year. Please let me know if you have any questions.

Best,

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School Counselor  
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